



## 200 HOUR YOGA TEACHER TRAINING REGISTRATION

Thank you for choosing Halifax Yoga as your school for higher learning. We are honored to be given this opportunity to study and learn together. Let's get started!

### How to register

Please complete and submit the registration form below by email to [sherry@halifaxyoga.com](mailto:sherry@halifaxyoga.com) and submit your processing fee of \$50 along with a deposit payment of \$1000 to activate your registration (Pay on line, by credit card or by check). Once accepted into the program the \$1000 deposit will be deducted from the tuition and is non-refundable.

Your application form will be reviewed immediately and you will be notified of approval within 3-5 business days. Please submit your application early to ensure a spot in the program.

Alternatively, you can download the printable version of our application form, and bring or mail it to Halifax Yoga, 7 Purcell's Cove Road, Halifax NS, B3N 1 R2. Please include your deposit and your processing fee.

### Payment options

**Early Bird** - \$3200 (plus tax) until May 1st (1 year membership 50% off with early bird deadline!)

**Regular Cost** - \$3700 (plus taxes)

Full Deposit is refundable until July 1st. 50% Deposit refundable until Aug 1st. Once YTT starts deposit is non-refundable. The tuition is non-refundable and non-transferable.

### Your Information

Name \_\_\_\_\_ Email Address \_\_\_\_\_

Address \_\_\_\_\_

Telephone (home & cell) \_\_\_\_\_

Birthdate (DD/MM/YYYY) \_\_\_\_\_ Occupation \_\_\_\_\_

### Emergency Contact

Contact Name \_\_\_\_\_ Telephone \_\_\_\_\_

Is there anything about your health that would limit you taking part in this training? If so, please describe.

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Are you taking any prescription medication and if so what?

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**THE BEST YOU. A BETTER WORLD.**



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How did you hear about Halifax Yoga Teacher Training? \_\_\_\_\_

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What style of yoga do you practice and how often? \_\_\_\_\_

\_\_\_\_\_

How many months/years have you been practicing? \_\_\_\_\_

\_\_\_\_\_

Is there a particular teacher or teaching style that you prefer? \_\_\_\_\_

\_\_\_\_\_

Are you planning to teach upon completion of this course, or is this intended for personal development? \_\_\_\_\_

\_\_\_\_\_

Do you have a daily meditation practice? \_\_\_\_\_

\_\_\_\_\_

Are there any specific areas of interest that you would like to explore in this particular course?

\_\_\_\_\_

\_\_\_\_\_

What are your goals/expectations for this training? What do you hope to achieve upon completion of this course? \_\_\_\_\_

\_\_\_\_\_

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\_\_\_\_\_

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### Certification Criteria

Certified Power Yoga Teachers from Halifax Yoga must possess the skills and abilities necessary to safely and competently teach Power Yoga.

We reserve the right to withhold certification from any student who fails to develop these skills.

Every attempt will be made to provide input throughout the program about teaching deficits that might impede certification. Program instructors will use the following criteria to establish student eligibility for certification:

1. Practice Teaching: Throughout the program participants will be asked to teach. All aspects of the student's performance will be graded including timing of the class, sequencing, safety, physical assists, etc.
2. Attendance: Once the YTT program has begun there are no refunds or changes. Concessions can be made for medical reasons with a doctor's note.

If time is missed during the YTT program, content must be made up from other participants. Students are required to make up the hours missed by attending and paying for another approved program at Halifax Yoga or a private session with a Certified Yoga Alliance teacher as approved by Sherry. Participants will be given the standards needed to make up time as all hours must be made up and would be paid at an additional expense to the student. Participants must make up these hours and the content in order to receive their certificate of completion.

### Tests

Students will be required to write tests from time to time. Students who receive less than 70% will be required to re-take the test or demonstrate that they understand the material.

### Agreement

I have read and understand all the above criteria for certification as a Power Yoga Teacher through Halifax Yoga Studio. I agree to meet all requirements outlined in this document.

I fully understand and agree that this program is non-refundable and non-transferable once YTT has started; full deposit is refundable until July 1st only. 50% deposit refundable until August 1st only:

yes  no

I fully understand and agree that all missed time must be made up before the end of the program and I am responsible for the additional cost of making up these missed hours:

yes  no

Name (please print) \_\_\_\_\_

Signature \_\_\_\_\_ Date \_\_\_\_\_

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